

# **2008 “Vyotech Nutritional” NPC NATURAL OHIO (open) DRUG TESTED BODYBUILDING & FIGURE CHAMPIONSHIPS**

## ***PRESS RELEASE***

On April 5th, at the Lakewood Civic Auditorium in Cleveland, Ohio, former NPC national competitor Dave Liberman promoted the **2008 “Vyotech Nutritional” NPC Natural Ohio (open) Drug Tested Bodybuilding & Figure Championships** along with co-promoter Todd Pember.

This contest was a personal record for the contest as well an NPC record for the state of Ohio with **158** (NOT including crossovers), of the very best natural, drug free competitors in the Midwest and beyond. This was the largest NPC regional competition in Ohio, attracting athletes from 14 states across the country. The evening Finals had **1,200** fans in the seats along with over **800** (YES, that is NOT a misprint, **800!**) figure and bodybuilding enthusiasts in the house during the morning/afternoon Prejudging.

A very strict and expensive **urine drug test** was administered to the top 3 and two random competitors in each class. This is the same drug test used in the Olympic Games. It can detect the use of anabolic steroids, diuretics and clenbuterol (an illegal fat-loss drug) for up to one year.

Features making this contest special included all the competitors performing their routines during the evening Finals and everyone (from 1<sup>st</sup> to last place) receiving competitor awards, a contest T-shirt, a gym bag (courtesy of Bodybuilding.Com), Gamma-0 T-shirt (courtesy of Gamma-0), contest shaker bottle (courtesy of Max Muscle in Akron & Parma Heights, Ohio), and goodie bags filled with free products from Worlwide Sports Nutrition, MET-Rx, Gaspari Nutrition, Labrada Nutrition, Anabolic Xtreme, Beverly International magazine, BSN, Muscle Milk / Cytosport, Gamma-0, , Vyotech Nutritional, Cellucor along with T-shirts from Cellucor, Prolab and Ultra Trained Personal Training by Mr. Ohio Dave Liberman. The top 5 received impressive awards including 6` class winning trophies and overall champions receiving towering 8` trophies along with beautiful contest jackets. Souvenir programs listing every competitors name, respective class, city and state, along with full page ads for every sponsor, was given to all the athletes, judges, sponsors and everyone attending the evening Finals.

As with all of Liberman and Pember’s contests, **\$1,000.00 of the proceeds was donated to the American Cancer Society**. Additionally, **Dr. Debbie Freeman** (Dr. Freeman, 54, who, along with top NPC figure competitor, Linda Reho, started a women’s athletic clothing line, “Infinity Designs”) **donated \$700.00 to the American Cancer Society in honor of her Mother who passed away from cancer 10 years ago**, making the total donation amount of **\$1,700.00** going to the **American Cancer Society**. Dave and Todd remain committed to this charity and will continue to support the American Cancer Society at all of their future NPC competitions.

The highlight of the evening was **2 X Mr. Olympia, Jay Culter** as the contests very special guest poser. Without a doubt, Mr. Olympia being in the house was the constant buzz throughout the day. Lines formed throughout the new and expanded exhibitor area, and out the door to what seemed to be an endless parade of fans waiting to see the contest and Mr. Olympia. Cutler also performed a very informative seminar after the Prejudging to 100+ fans. This contest

has always had the reputation of generating large numbers, however, Jay Cutler seemed to “super size” the event to record breaking proportions. Special note, I witnessed Jay signing many glossy full color 8 x 10 photos and didn’t charge any teenager or child who requested a picture, proving that his heart is as large as his 295 lbs body! After a 15 minute standing ovation guest posing performance, Mr. Olympia addressed the audience at the podium for another ten minutes to the delight of the fans. Jay was impressed with the fans and the contest, he committed on the spot to next years **April 4<sup>th</sup>, 2009 NPC Natural Ohio (open) Drug Tested Bodybuilding & Figure Championships**. Needless to say, the announcement of Cutler’s return was greeted with thunderous cheers and applause!

The best emcee in the business, Iron Man magazine’s **Lonnie Teper** did another outstanding job, entertaining the near capacity crowd.

Speaking of “Mr. Olympia,” the next Liberman and Pember production will be the **October 4th, 2008 “Vyotech Nutritionals” NPC Natural Northern USA Drug Tested Bodybuilding & Figure Championships** which will be held at the Lakewood Civic Auditorium, and very special guest poser will be none other than **8 X MR. OLYMPIA, RONNIE COLEMAN!** This will be a very special event! **For sponsorship, entry and ticket information, contact Dave Liberman at 1-(440)-942-5634 or Todd Pember at 1-(440)-984-2762 or log onto: [www.daveliberman.com](http://www.daveliberman.com).**

**THE 2008 “VYOTECH NUTRITIONALS” NPC NATURAL OHIO (open) DRUG TESTED BODYBUILDING & FIGURE CHAMPIONSHIPS RESULTS ARE AS FOLLOWS:**

**MEN’S OPEN – ISRAEL OCASIO.  
WOMEN’S OPEN & MASTER’S BODYBUILDING – SUSAN BALL  
FIGURE OPEN – SUE KNOTT  
MASTER’S FIGURE OVERALL – STACY HELFINSTINE  
MASTER’S MEN OVERALL – KEVIN MALONE  
JUNIOR MEN – JASON JANOV  
TEENAGE MEN’S OVERALL – JUSTIN COMPTON**

**2008 “VYOTECH NUTRITIONALS” NPC NATURAL OHIO (open) DRUG TESTED BODYBUILDING & FIGURE CHAMPIONSHIPS**

**Date:** April 5th, 2007

**Location:** Lakewood Civic Auditorium

**Guest Posers:** 2 X MR. OLYMPIA, JAY CUTLER

**Emcee:** Iron Man Magazine’s, Lonnie Teper

**TITLE SPONSOR:**  
VYOTECH NUTRITIONALS

**PRESENTING SPONSORS:**  
BODYBUILDING.COM  
GAMMA-0  
CELLUCORE  
WORLD WIDE SPORTS NUTRITION / MET-Rx

AMERICAN BODYBUILDING / OPTIMUM NUTRITION  
GNC

**HOST SPONSORS:**

BEVERLY INTERNATIONAL  
GARFIELD ENTERPRISES  
TITAN'S GYM, MENTOR, OHIO  
PERSONAL TRAINING BY MR. OHIO DAVE LIBERMAN  
CARRABBA'S ITALIAN GRILL - WESTLAKE, OHIO

**FEATURE SPONSORS:**

EXTREME LABS / DEDICATED WOMAN  
ULTIMATE NUTRITION  
APPLIED NUTRICEUTICALS  
CLEVELAND INSTITUTE OF EXERCISE  
BULK NUTRITION.COM  
MNT – MYOTREND NUTRITIONAL TECHNOLOGIES  
MAX MUSCLE, AKRON & PARMA HEIGHTS, OHIO  
MRI  
ALR

**CONTRIBUTING SPONSORS:**

ANABOLIC XTREME  
GASPARI NUTRITION  
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AB MEALS  
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PRIDE NUTRITION  
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BSN  
EST  
PROLAB  
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FLEXSTAR WHOLESALE SPORTS NUTRITION  
CELESTIAL BODIES – JAN TANA TANNING ESSENTIALS  
STUDIO 10 COSMETICS  
CARVER FINANCIAL SERVICES  
INFINITY DESIGNS FITNESS WEAR  
IRON ASYLUM  
BE FIT FOR LIFE ACTIVE WEAR  
UNIQUE PHYSIQUE BODYWEAR BY CYNTHIA JAMES  
NPC ACTIVE WEAR  
POWERHIUSE GYM, ELYRIA, OHIO  
ANB GRAPHICS  
POWERSTATION GYM - MIDDLETOWN, OHIO  
KINGS GYM - BEDFORD HTS, OHIO  
PIZZA FIT-N-FREE  
KROSSBELTS  
GANLLEY FORD  
TERRY PHOTO MUSCLEBODY VIDEO  
J.M. PRODUCTIONS PHOTO STUDIO  
COURTYARD MARRIOTT – WESTLAKE, OHIO  
IRONMAN MAGAZINE

FLEX  
MUSCLEMAG INTERNATIONAL  
MUSCLE & FITNESS  
MUSCULAR DEVELOPMENT  
NPC NEWS

*2007 "Vyotech Nutritionals" NPC NATURAL NORTHERN USA CHAMPIONSHIPS RESULTS:*

**TEENAGE MEN** –*Two Classes*, 18 competitors:

*17 years old & under*, - 10 competitors

- 1<sup>ST</sup> – VENNELL LLAYO
- 2<sup>nd</sup> – Gabe Rizzo
- 3<sup>rd</sup> – Andre Love
- 4<sup>th</sup> – Maxx Schumann
- 5<sup>th</sup> – Alex Miklus
- 6<sup>th</sup> – Corey Price
- 7<sup>th</sup> – Hamid Yacob
- 8<sup>th</sup> – Jacob Henderson
- 9<sup>th</sup> – Brent Fifer
- 10<sup>th</sup> – Zachary Askew

*18 – 19 years old* ,– 8 competitors

- 1<sup>st</sup> – JUSTIN COMPTON \*\* OVERALL\*\*
- 2<sup>nd</sup> – Matt Schmahl
- 3<sup>rd</sup> – Joey Walter
- 4<sup>th</sup> – David Zimcosky
- 5<sup>th</sup> – Carlos Dominguez
- 6<sup>th</sup> – Derek Cundiff
- 7<sup>th</sup> – Aaron DiBona
- 8<sup>th</sup> – Dennis Brandow

\* **The "Steve King" memorial MOST PROMISING AWARD**\* - 16 year old Gabe Rizzo.

**JUNIOR MEN** – (23 years old & under) *One Class*, 18 competitors:

- 1<sup>ST</sup> – JASON JANOV
- 2<sup>nd</sup> – R.D. Caldwell
- 3<sup>rd</sup> – Justin Compton
- 4<sup>th</sup> – Matt Schmahl
- 5<sup>th</sup> – Joey Walter
- 6<sup>th</sup> – John SanFilippo
- 7<sup>th</sup> – Michael Colon
- 8<sup>th</sup> – Kim Goodrick
- 9<sup>th</sup> – Cory Slatinsky
- 10<sup>th</sup> – Joesph Gazymella
- 11<sup>th</sup> – Chad Pules
- 12<sup>th</sup> – John Caldwell
- 13<sup>th</sup> – Nathan Raymond
- 14<sup>th</sup> – Philip Meyers
- 15<sup>th</sup> – Ryan Beskid
- 16<sup>th</sup> – Cory Mitchnick
- 16<sup>th</sup> – Horace Consolo
- 16<sup>th</sup> – Jacob Henderson

**MASTERS MEN** – *Four Classes* (15 competitors)

*40 years old – 49 years old,*

*Two Classes:*

**Up to 165 ¼ lbs** (5 competitors):

- 1<sup>ST</sup> - DANNY WELLS
- 2<sup>nd</sup> - Kevin Smith
- 3<sup>rd</sup> - Jeff Cody
- 4<sup>th</sup> - Chris Bagley
- 5<sup>th</sup> - Eugene Blakely

**Over 165 ¼ lbs** (5 competitors)

- 1<sup>st</sup> - KEVIN MALONE **\*\*OVERALL\*\***
- 2<sup>nd</sup> - Anthony Moses
- 3<sup>rd</sup> - Lonnie Lay
- 4<sup>th</sup> - Steve Williams
- 5<sup>th</sup> - Steve Hammersmith

**50 years old & Over,**

*Two Classes:*

**Up to 165 ¼ lbs** (3 competitors):

- 1<sup>st</sup> - DAVID MYLAR
- 2<sup>nd</sup> - George Santiago
- 3<sup>rd</sup> - Britt Jackson

**Over 165 ¼ lbs,** (2 competitors):

- 1<sup>st</sup> - DAVID MASSUCCO
- 2<sup>nd</sup> - John Atobelli

**MEN'S OPEN** - 6 Classes (65 competitors)

**Bantamweight (up to & including 143-1/4lbs.)** - 6 competitors:

- 1<sup>ST</sup> - ROBERT THOMAS
- 2<sup>nd</sup> - Albert LaLonde
- 3<sup>rd</sup> - Danny Wells
- 4<sup>th</sup> - Steve Blue
- 5<sup>th</sup> - Charles Kreger
- 6<sup>th</sup> - Jeff Cody

**Lightweight (over 143-1/4 lbs. up to & including 165-1/4lbs.)** - 11 competitors:

- 1<sup>ST</sup> - BRIAN MORAN
- 2<sup>nd</sup> - John SanFlippo
- 3<sup>rd</sup> - Mike Fiorillo
- 4<sup>th</sup> - Robert Fain
- 5<sup>th</sup> - Chris Gordon
- 6<sup>th</sup> - Kim Goodrick
- 7<sup>th</sup> - Cory Slatinsky
- 8<sup>th</sup> - David Mylar
- 9<sup>th</sup> - Kevin Smith
- 10<sup>th</sup> - Titham McKinney
- 11<sup>th</sup> - Michael Rice

**Welterweight (over 165-1/4 lbs. up to & including 176-1/4 lbs.)** - 10 competitors:

- 1<sup>st</sup> - ISRAEL OCASIO **\*\*OVERALL\*\***
- 2<sup>nd</sup> - Michael Shearer
- 3<sup>rd</sup> - Kyle Harris
- 4<sup>th</sup> - Justin Compton
- 5<sup>th</sup> - Travis Kovach
- 6<sup>th</sup> - John Porce
- 7<sup>th</sup> - Randy Stark
- 8<sup>th</sup> - John Caldwell

9<sup>th</sup> – Hiep Nguyen  
10<sup>th</sup> – Britt Jackson

***Middleweight (over 165-1/4 lbs. up to & including 176-1/4 lbs.)*** – 13 competitors:

1<sup>ST</sup> – JESSE DALE  
2<sup>nd</sup> – Joe Wysznszki  
3<sup>rd</sup> – Steve Nuechtenlein  
4<sup>th</sup> – Tony Bauer  
5<sup>th</sup> – Anthony Moses  
6<sup>th</sup> – Matt Schmahl  
7<sup>th</sup> – Ben Riglon  
8<sup>th</sup> – David Massucco  
9<sup>th</sup> – Allen Cress  
10<sup>th</sup> – Chad Pyles  
11<sup>th</sup> – Anthony Pryer  
12<sup>th</sup> – Justin Vitrano  
13<sup>th</sup> – Robert Trauter

***Light-Heavyweight (over 176-1/4 lbs. up to & including 198-1/4 lbs.)*** – 16 competitors:

1<sup>ST</sup> – KEVIN MALONE  
2<sup>nd</sup> – Luric Edison  
3<sup>rd</sup> – Todd Gillespie  
4<sup>th</sup> – Greg Smyers  
5<sup>th</sup> – Sixto Fermin  
6<sup>th</sup> – Andrew Landis  
7<sup>th</sup> – Chris Griffin  
8<sup>th</sup> – Jeremiah Forster  
9<sup>th</sup> – Reginald Ruttin  
10<sup>th</sup> – Greg Simcox  
11<sup>th</sup> – Michael Price  
12<sup>th</sup> – J.T. Wood  
13<sup>th</sup> – Neal Bedwell  
14<sup>th</sup> – Steve Williams  
15<sup>th</sup> – Sean Beskid  
16<sup>th</sup> – Philip Meyers

***Heavyweight (over 198-1/4 lbs. & over)*** – 9 competitors:

1<sup>ST</sup> – JASON JANOV  
2<sup>nd</sup> – Joey Walter  
3<sup>rd</sup> – Jadone Starkey  
4<sup>th</sup> – Nathan Raymond  
5<sup>th</sup> – John Popernack  
6<sup>th</sup> – Cory Mitchnick  
7<sup>th</sup> – Cornelius Davis  
8<sup>th</sup> – Eric Agosti

**MASTERS WOMEN** – (35 years old & Over) *One Class*, 10 competitors:

1<sup>ST</sup> – SUSAN BALL  
2<sup>nd</sup> – Rosa Wyatt  
3<sup>rd</sup> – Joan Wolfe  
4<sup>th</sup> – Cheri Wohleber  
5<sup>th</sup> – Amy Palmer  
6<sup>th</sup> – Denise Hochul  
7<sup>th</sup> – Tracy Ostendorf  
8<sup>th</sup> – Christine Lair  
9<sup>th</sup> – Beth Ramey

10<sup>th</sup> – Mary Knight-Strong

**WOMEN'S OPEN BODYBUILDING** – *Two Classes, (10 competitors)*

***Up To & Including 114.5 lbs.*** - 3 competitor:

1<sup>ST</sup> – JOAN WOLFE

2<sup>nd</sup> – Christine Lair

3<sup>rd</sup> – Beth Ramey

***Over 114.5 lbs.*** – 7 competitors:

1<sup>ST</sup> – SUSAN BALL \*\* OVERALL \*\*

2<sup>nd</sup> – Rosa Wyatt

3<sup>rd</sup> – Cheri Wohleber

4<sup>th</sup> – Amy Palmer

5<sup>th</sup> – Denise Hochul

6<sup>th</sup> – Tracy Ostendorf

7<sup>th</sup> – Mary Knight-Strong

**MASTERS FIGURE** – *Three Classes, (20 competitors)*

***35 to 39 years old,*** – 13 competitors:

1<sup>ST</sup> – STACY HELFINSTINE \*\* OVERALL MASTER'S FIGURE \*\*

2<sup>nd</sup> – Tracy Grogg

3<sup>rd</sup> – Angela Harrivel

4<sup>th</sup> – Lori Sowers

5<sup>th</sup> – Kelly Santareilli

6<sup>th</sup> – Debbie Schmitmeyer

7<sup>th</sup> – Danielle Souscek

8<sup>th</sup> – Kathy Agosti

9<sup>th</sup> – Sherry Cefaratti

10<sup>th</sup> – Stacy Busto

11<sup>th</sup> – Donna White

12<sup>th</sup> – Kelly Robinette

13<sup>th</sup> – Albertonia Roach

***40 years old & over,*** - 10 competitors:

1<sup>ST</sup> – NADINE BYE

2<sup>nd</sup> – Claudia Minades-Fox

3<sup>rd</sup> – Martha Haraf

4<sup>th</sup> – Becky Youngberg

5<sup>th</sup> – Diana Rini

6<sup>th</sup> – Lisa McGowan

7<sup>th</sup> – Jill Browning

8<sup>th</sup> – Faith Phillabaum

9<sup>th</sup> – Christine Lair

10<sup>th</sup> – Vickie Patton

***50 years old & over,*** - 2 competitors:

1<sup>ST</sup> – DENISE HOCHUL

2<sup>nd</sup> – Janet Butsch

**OPEN FIGURE** – *Four Classes, (56 competitors)*

***Class A – Up to & Including 5`2`-*** 15 competitors:

1<sup>ST</sup> – CLAUDIA MINADEO-FOX

2<sup>nd</sup> – Kelly Trautner

3<sup>rd</sup> – Lisa McGowan

4<sup>th</sup> – Tracy Grogg

5<sup>th</sup> – Sindia Quinones-Powers

- 6<sup>th</sup> – Laura Starkweather
- 7<sup>th</sup> – Kelly Santarelli
- 8<sup>th</sup> – Kathy Agosti
- 9<sup>th</sup> – Alicia Gifford
- 10<sup>th</sup> – Rachel Speed
- 11<sup>th</sup> – Toni Fedroni
- 12<sup>th</sup> – Alicia Allison
- 13<sup>th</sup> – Stacy Meier
- 14<sup>th</sup> – Gina Pezzenti
- 15<sup>th</sup> – Krystal Kovacic

***Class B – Over 5`2” & Up To & Including 5`4”*** - 14 competitors:

- 1<sup>ST</sup> – MICHELLE YEAGER
- 2<sup>nd</sup> – Shane Connor
- 3<sup>rd</sup> – Stacey Creslenzi
- 4<sup>th</sup> – Andrea Leonard
- 5<sup>th</sup> – Michelle Yatsuk
- 6<sup>th</sup> – Danielle Souscek
- 7<sup>th</sup> – Stacy Busco
- 8<sup>th</sup> – Michelle Valenta
- 9<sup>th</sup> – Tina Shaerban
- 10<sup>th</sup> – Dawn Emmans
- 11<sup>th</sup> – Jill Browning
- 12<sup>th</sup> – Janet Butsch
- 13<sup>th</sup> – Christine Lair
- 14<sup>th</sup> – Kimberly Klaczynski

***Class C – Over 5`4” & Up To & Including 5`6”*** - 13 competitors

- 1<sup>ST</sup> – SUE KNOTT **\*\*OVERALL\*\***
- 2<sup>nd</sup> – Stacy Helfinstine
- 3<sup>rd</sup> – Tineka Washington
- 4<sup>th</sup> – Nicole Marous
- 5<sup>th</sup> – April Margagliotti
- 6<sup>th</sup> – Nadine Bye
- 7<sup>th</sup> – Nikki Androniki
- 8<sup>th</sup> – Debbie Schmitmeyer
- 9<sup>th</sup> – Lindsay Fullerman
- 10<sup>th</sup> – Katie Dougans
- 11<sup>th</sup> – Donna White
- 12<sup>th</sup> – Kelley Robinette
- 13<sup>th</sup> – Jazmine Clerry

***Class D – Over 5`6”***, 14 competitors:

- 1<sup>ST</sup> – LORI SOWERS
- 2<sup>nd</sup> – Angela Harrivel
- 3<sup>rd</sup> – Martha Haraf
- 4<sup>th</sup> – Becky Youngberg
- 5<sup>th</sup> – Faith Phillabaum
- 6<sup>th</sup> – Crystal Moore
- 7<sup>th</sup> – Denise Hochul
- 8<sup>th</sup> – Bidget Kubacki
- 9<sup>th</sup> – Tara Beck
- 10<sup>th</sup> – Anita Person
- 11<sup>th</sup> – Nicole Kintigh
- 12<sup>th</sup> – Sherry Cefaratti
- 13<sup>th</sup> – Sabrina Locke

14<sup>th</sup> – Albertonia Roach

**I want to sincerely thank all the competitors for their participation and the sponsors for their support of the 2008 “VYOTECH NUTRITIONALS” NPC NATURAL OHIO (open) DRUG TESTED BODYBUILDING & FIGURE CHAMPIONSHIPS.**

Our next NPC drug tested event will be the **October 4th, 2008 “VYOTECH NUTRITIONALS” NPC NATURAL NORTHERN USA DRUG TESTED BODYBUILDING & FIGURE CHAMPIONSHIPS**, which will be held at the Lakewood Civic Auditorium (located in the Lakewood High School, 14100 Franklin Ave., Lakewood, Ohio, 44107), approximately 10 minutes west of downtown Cleveland, Ohio). Very special guest poser will be, 8 X Mr. Olympia, Ronnie Coleman!

***PLEASE NOTE:*** Our ***HOST HOTEL*** will **once again be the COURTYARD MARRIOTT** *Westlake, Ohio*, located at 25050 Sperry Dr., Westlake, Ohio 44145. For **reservations call 1-(440)-871-3756**. **Be sure to ask for the “Special NPC Rate” of \$68.00 per night.”**

For ***entry, sponsorship*** or ***ticket*** information, please contact **Dave Liberman** at **1-(440)-942-5634**, e-mail **[DaveLiberm@aol.com](mailto:DaveLiberm@aol.com)** . website: **[www.daveliberman.com](http://www.daveliberman.com)**, or **Todd Pember** at **1-(440)-984-2762**.